

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Deidre Alcock**

Has successfully participated & completed the  
**8km Shift Wellness - Trail Run, The Shift Series**

held at Walter Sisulu Garden.

**TIME 01:43:13**

**PACE 12:54/km**  
**OVERALL 124 of 166**

**GENDER 58 of 88**  
**OPEN 38 of 51**

23 June 2019, Sun

Date



*BoutTime*

Signature

